



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting
held on March 31, 2017 at BSA Twin Towers, Mandaluyong City

RNC-NCR RESOLUTION NO. 02
Series of 2017

**RESOLUTION ENJOINING ALL LOCAL GOVERNMENT UNITS
TO STRENGTHEN PROGRAMS AND PROJECTS IN SUPPORT
OF THE FIRST 1000 DAYS BY ALLOCATING FUNDS AND OTHER PURPOSES**

WHEREAS, the First 1000 Days is the period between conception until the child's second birthday;

WHEREAS, the First 1000 Days of life is considered as the "golden window of opportunity" for nutrition and related interventions to have a positive impact on the child's physical and mental development;

WHEREAS, good nutrition during the First 1000 Days can help maximize the child's ability to grow, learn and develop that has significant effect in his/her future health, well-being, and success later in adulthood;

WHEREAS, growth faltering happens during the First 1000 Days of life;

WHEREAS, studies have shown that undernutrition and overnutrition can be linked to the development of non-communicable diseases later in life;

WHEREAS, based on the foregoing provisions, multi-sectoral, evidence-based interventions that aim to prevent undernutrition, particularly stunting, and overnutrition and delay the onset of non-communicable diseases should focus on the First 1000 Days of life;

NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED

by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, enjoins all LGUs in the National Capital Region to:

1. Issue local legislation to strengthen First 1000 Days program;
2. Provide resources for First 1000 Days tool (weighing scales, height boards, ECCD cards) and training for workers;
3. Organize and sustain infant and young child feeding support groups to provide counselling and do complementary recipe demonstrations;
4. Supplementary feeding program for pregnant women and 6-23 months old children; and
5. Scale up other services on nutrition, health, early learning and social services.



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RESOLVED FURTHER, that the NNC-NCR Regional Office being the Secretariat of the RNC shall furnish the NNC Central Office, all regional members of the Committee and all local government units in the region a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED, this 31st day of March 2017 during the 1st meeting for the year of the Regional Nutrition Committee held at the BSA Twin Towers, Mandaluyong City.

Approved by:


DR. ARIEL I. VALENCIA

*Regional Director, Department of Health-NCRO and
Chair, Regional Nutrition Committee*

Attested by:


MS. MILAGROS ELISA V. FEDERIZO, RND, MPH
*Regional Nutrition Program Coordinator, NNC-NCR
and Secretary, RNC*